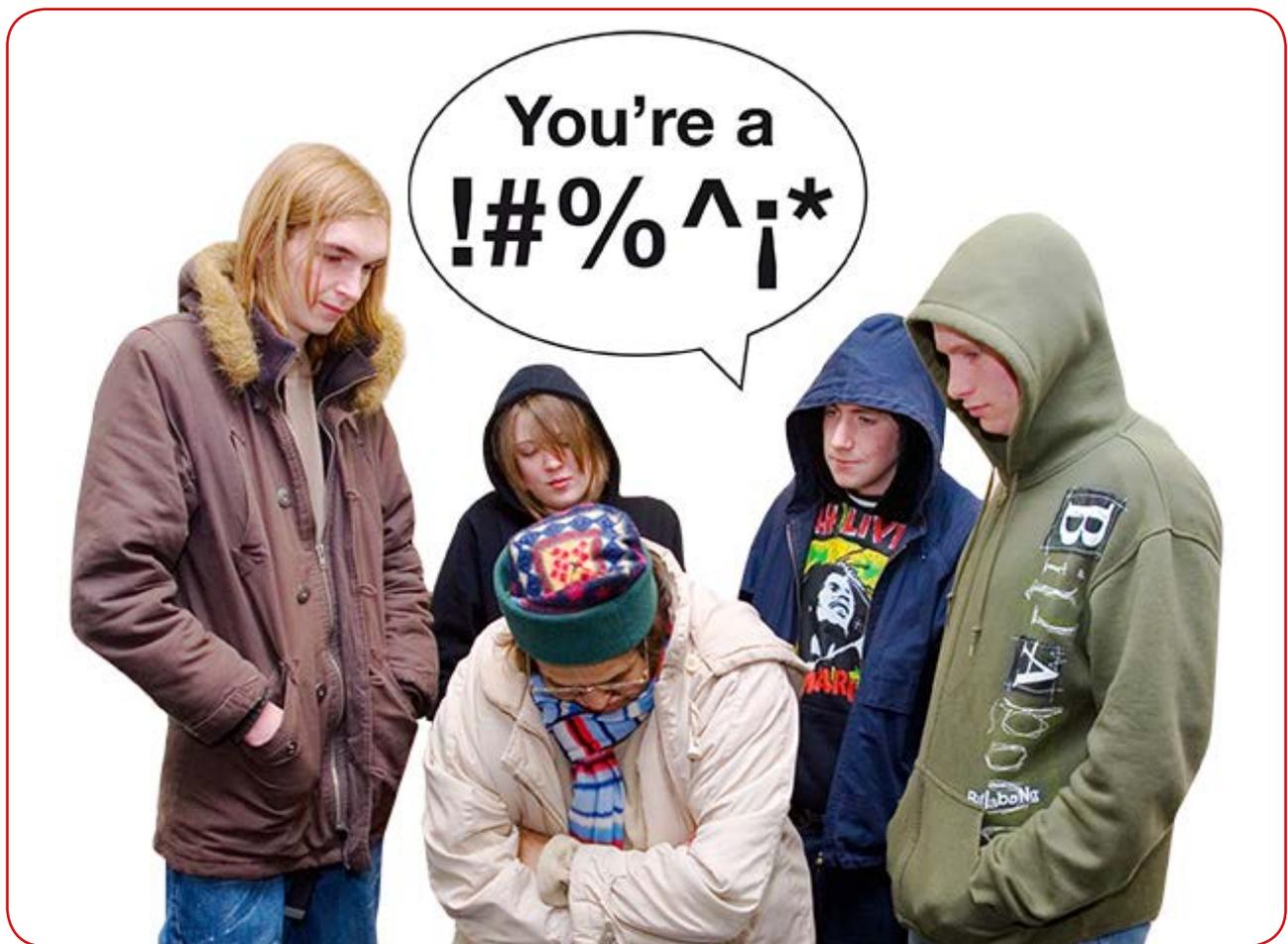


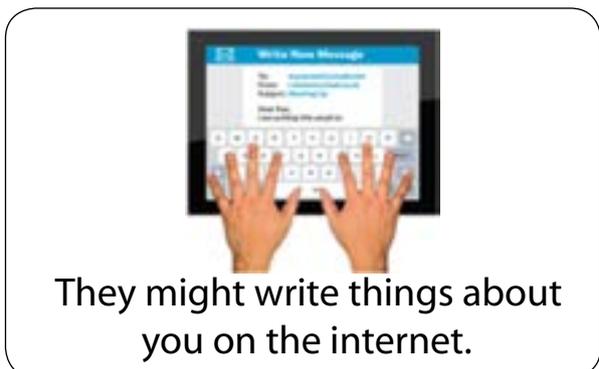
What is hate crime?

Sometimes, people might be unpleasant towards you because you look different to them, or act different to them.



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Sometimes, people might be unpleasant towards you because you look different to them, or act different to them.



We sometimes call this 'hate crime'.

It is wrong, it is **not your fault**, and it can be against the law.

How does it make you feel?

When someone does this, it can make people feel bad. You might feel some of these if it happens to you.



Scared, worried or tense



On your own



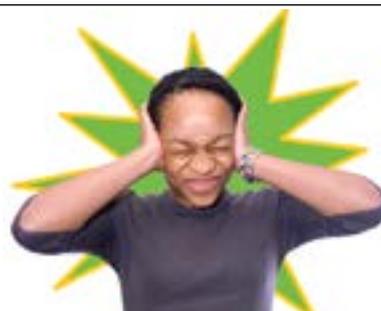
Upset, frightened or sad



Not sure what to do



Needing to talk to someone



Anxious

Who can you talk to?

There are lots of people who can help when this happens to you. Always tell someone you trust about it, and show them this leaflet.



A carer, social worker, or someone who looks after you, is best.



Or you can talk to the police.



Or your family, a friend, or someone that you trust.



Or a support service, like the Hate Incident Support Service.

Remember, it is normal to feel upset after this has happened. Always tell someone about it, and get support.

You, or your carers, can report it to the Hate Incident Support Service. This service can offer you advice and can help you to feel better.

Email: sussexhateincidentreport@victimsupport.org.uk

Telephone: **0808 168 9274**

Calls will cost 4 pence per minute, plus your phone company's access charge.

For more information, visit www.westsussex.gov.uk/fire-emergencies-and-crime/report-problems-in-your-area/report-a-hate-crime/